



April 2020

Dear Speldhurst Parish Resident

We do hope that you and your families are keeping well at this challenging time. We understand how hard these uncertain and worrying days are for everyone in our parish.

It is at these difficult times that community spirit is strongest and the Coronavirus outbreak is no exception. We would like to say a big thank you to the volunteer networks that, together with the NHS volunteer system which is now up and running, have grown quickly in our villages to help self-isolating neighbours with prescriptions, shopping and more besides.

Please remember that Speldhurst Parish Council are also here if you need us. We may be working from home or diverting our efforts to volunteer in the local community. But if you need help and don't know who to call, contact us on 07760 769513 or email clerk@speldhurstparishcouncil.gov.uk. While we work part-time hours, we check our messages frequently and will get back to you as soon as we can.

In the meantime, we have compiled a list of useful contact numbers and websites over the page, which you can use to help answer your Coronavirus related questions – and hopefully set your mind at rest. We are keen to reach everyone in the parish, especially those without access to email or the internet, and will distribute these at the following locations around Speldhurst Parish:

- Speldhurst Community Shop
- Angel Food & Wine
- Langton's
- Groombridge Farm Shop

Please pick one up when you are collecting provisions, and if you know of anyone self-isolating, put one through their door (remembering to wash hands first).

We will continue to post all updates on our website, www.speldhurstparishcouncil.gov.uk – do sign up for news alerts if you haven't already. You can also find and like us on Facebook, by searching for 'Speldhurst Parish Council.'

Best wishes from all of us at Speldhurst Parish Council



Useful contacts for Coronavirus support and advice
(please note, we receive new information daily - these are just a few reliable sources)

Ashurst Support Email updates and offers of help to anyone needing it
Email Sophie at minoprio@btopenworld.com

Langton Green volunteer network Support with shopping and daily tasks for anyone self-isolating
Call Emma on 07900 245331 or email contact@langtongreenchurch.com

Old Groombridge support group Assistance for anyone self-isolating with plenty of volunteers to help with whatever is needed
Call Sarah on 07711 286776 or email groombridgecommunity@gmail.com

Speldhurst volunteer network – S.T.A.R.S. supported by St Mary's Church – assistance with shopping, prescriptions and more for anyone self-isolating
Call Polly on 07766 074327 or email speldhurstcommunitygroup@gmail.com

Kent Together 24-hour KCC helpline partnering with government and the NHS to support vulnerable people in Kent who need urgent help, from supplies to medication and lifts to medical appointments
Call 03000 41 92 92 or contact via www.kent.gov.uk/KentTogether

Tunbridge Wells Borough Council Coronavirus Updates A webpage containing updates on changes to council services, advice and support for individuals and businesses
<http://www.tunbridgewells.gov.uk/coronavirus-updates>

Citizens Advice Tunbridge Wells & District Help with many issues including benefits, Nourish Foodbank referrals and support for domestic abuse victims
Call 01892 600161. Advisors receive a high volume of calls so also try www.catwd.org.uk/information-and-advice

Covid-19 Business Support Hotline Part of the Kent & Medway Growth Hub for self-employed individuals and small businesses
Call 03333 602300

Greg Clark MP "My office remains open and I am available for everyone who needs help...please do not hesitate to contact me on gregclarkmp@parliament.uk or on 01892 519854"

Facebook Pages & Groups Sharing information, offering services and supporting each other. Search for:

- **Langton Green Village Chat**
- **Speldhurst Community**
- **Speldhurst Parish Council**
- **Support Local: Independent Shops delivering in Tunbridge Wells** Food and other goods delivered by businesses in the Tunbridge Wells area. See also <http://www.twdelivery.co.uk>